that has a removeable, sealed lid and is filled with saline; and wherein the plurality of syringes comprise a pre-filled syringe with a local anesthetic and a pre-filled syringe with a test dose.

- 11. An anesthesia kit comprising:
- an outer tray having a top portion and an interior portion;
- a packaging towel having an interior and an exterior and disposed within the interior portion of the outer tray;
- a skin preparation package removeably secured relative to the outer tray; and
- a plurality of syringes pre-filled with injectable fluids and disposed within the outer tray and on the interior of the packaging towel.
- 12. The kit of claim 11 wherein the skin preparation package is located on the exterior of the packaging towel to provide for access to the skin-preparation package without requiring access to the interior of the packaging towel.
- 13. The kit of claim 11 further comprising a prefilled cup containing an injectable fluid.
- 14. The kit of claim 12 wherein the skin preparation package is located on the exterior of the packaging towel to provide for access to the skin-preparation package without requiring access to the interior of the packaging towel; wherein the cup is pre-filled with saline; and wherein the plurality of pre-filled syringes comprises a first pre-filled syringe with a local anesthetic.
- 15. The kit of claim 12 wherein the skin preparation package is located on the exterior of the packaging towel to provide for access to the skin-preparation package without requiring access to the interior of the packaging towel; wherein the cup is pre-filled with saline; and wherein the plurality of pre-filled syringes comprises a first pre-filled syringe with a local anesthetic and a second pre-filled syringe with a test dose.
 - 16. An anesthesia kit comprising:
 - an outer tray having a top portion and an interior portion;
 - a packaging towel having an interior and an exterior and disposed within the interior portion of the outer tray;
 - a cup having a removeable, sealed lid and containing an injectable fluid; and
 - a plurality of syringes disposed within the outer tray and on the interior of the packaging towel.
- 17. The kit of claim 16 wherein the plurality of syringes comprises a plurality of syringes pre-filled with an injectable fluid
- 18. The kit of claim 17 wherein the plurality of pre-filled syringes comprises a first syringe pre-filled with a local anesthetic and a second syringe pre-filled with a test fluid.
- 19. A method of manufacturing an epidural anesthesia kit, the method comprising the steps of:

providing an outer tray having a top portion;

providing an inner tray having compartments for holding objects secure;

placing a plurality of syringes into the interior tray;

filling a cup with an injectable fluid and sealing it with a removeable lid;

placing the cup in the inner tray;

placing an epidural syringe, catheter, and epidural needle on the inner tray;

placing the inner-tray on a packaging towel;

placing the packaging towel in the outer tray;

folding the packaging towel about the inner tray;

sealing the top portion of the outer tray with a top-sealing sheet; and

removeably securing a skin-preparation package to an outer portion of the packaging towel or an outer portion of the top sheet so that the skin-preparation package may be accessed without requiring the packaging towel to be unfolded.

20. The method of claim 19 wherein the step of placing a plurality of syringes into the interior tray comprises:

filling a first syringe with a local anesthetic;

filling a second syringe with a test dose of a test fluid; and

placing the first and second syringes into the inner-tray;

- 21. The method of claim 20 wherein the step of placing a plurality of syringes into the inner tray further comprises attaching a needle to the first syringe.
- 22. The method of claim 19 wherein the step of filling a cup with an injectable fluid and sealing it with a removeable lid comprises filling a cup with a saline solution and sealing it
- 23. A method of administering an epidural block to a patient with an epidural kit having an outer tray with a top-sealing sheet, a skin-preparation package available for immediate access upon opening the sealing-sheet, and a folded packaging towel surrounding a pre-filled local anesthetic syringe, a pre-filled test dose syringe, and a sealed cup of saline, the method comprising the steps of:

opening the top-sealing sheet on the outer tray;

obtaining the skin-preparation package;

preparing the patient's skin using the skin-preparation package;

unfolding the packing towel;

using the pre-filled local anesthesia syringe to administer a local anesthesia to the patient;

opening the saline cup;

loading an epidural syringe with saline obtained from the saline cup;

placing an epidural needle;

administering a test dose to the patient with the pre-filled test dose syringe;

inserting an epidural catheter; and

administering an epidural anesthesia.

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